

Prizes

Lots of draw prizes throughout event.

Cool corporate gear for 1st, 2nd & 3rd place teams.

1st place team gets to choose charity that proceeds of event will go to.

Registration

Early bird - \$70 per team prior to Oct 10th
After Oct 10th, \$110 per team

Questions

See your onsite Curtis Health Coordinator

Call: 604.921.2348

Email: Info@curtishealth.com

Check out our website: www.curtishealth.com



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Curtis Personalized Health Management Ltd.
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health management and personal training.

604.921.2348

Join the fun
and get ACTIVE!



CURTIS CORPORATE CHALLENGE



2008

**A fun challenge in fitness and
lifestyle activities for charity
and bragging rights!**

Early bird \$70 prior to Oct 10th
After Oct 10th \$110

Oct 20th - Nov 28th

The Event

The Curtis Corporate Challenge is a 6-week health and wellness challenge for teams of employees of lower mainland companies to get active and raise and money for charity.

What to Do

Gather up your team of 5 and designate a team captain (register as many teams of 5 as you like).

Team players earn points for participating in designated physical activity and healthy living activities. Designated activities are outlined on the Curtis Corporate Challenge Score Card.

Proceeds from the event go to the winning team's charity of choice.

The challenge runs from October 20th to midnight **November 28rd 2008.**

All scores must be submitted by **December 2nd 2008.**

Team Name: _____

Team Captain Name: _____

Mailing Address: _____

Captain's email: _____

Captain's phone # _____ **Captain's fax#** _____

Payment enclosed (Visa or Mastercard) Amount: _____

Credit Card no. _____

Expiry date: _____

Signature: _____